

**REBUILD AND  
RECOVERY  
2022**





As I move into my third year at Cornerstone Housing for Women, it's hard to reflect on all that has happened. It was a year of *rebuilding and recovery*.

We began the year, moving back into O'Connor, with a short-lived feeling of familiarity, calm, and home. A few short weeks passed and our shelter community was occupied by the Convoy. As we prepared for their arrival; we never could have imagined the impact on our community being over-run for 3 weeks. We could not be quiet. We pled to our community for help, to the authorities, and to all Canadians.

There was so much precarity with the Pandemic and 2022 continued to provide us with one crisis after the next. That didn't stop our residents, our staff, and our community from finding ways to come together, to find our new normal, and to start rebuilding for our future and recovering from the years of isolation.

Our Strategic Framework provided us direction and clarity; as we rebuilt, we took the opportunity to learn from our community partners, service-users, our staff members, donors and funders. A key lesson we learned was that our service-users wanted to feel reflected in our mission and vision. We, with open arms, included gender-diverse folks in our mission.

Not only are we rebuilding; we are physically building to address the increased need for affordable housing in our community. The 44 Eccles Project is on-target to be completed by March 2024.

The last few years have brought the Cornerstone Community closer together; we are recovering, we are rebuilding, we are doing our part to address the increasing need for affordable and supportive housing in Ottawa. We're excited to give more women a place to call home.

I continue to be humbled and amazing by the on-going support of our donors, staff, community partners that allow us to *Recover and Rebuild*.







## *A MESSAGE FROM THE BOARD CHAIR, PATRICIA HASSARD*

I love to hear the stories of success for the women of Cornerstone who come through our doors. It could be the news of a resident finishing an educational program, reconnecting with a long-lost family member, participating in a new social activity for the first time, or even moving on from the Shelter to one of our supportive housing residences. The most wonderful thing is that they have found a place to call home where they feel cared for and can blossom.

The substantial challenges of the last few years have really illustrated what Cornerstone is made of. The constant presence of the pandemic and its protocols, the shock of the convoy protest, the fire at Booth Street with the resulting major water and mold damage, and the impact of the toxic drug supply have certainly taken their toll. But throughout these tough times, the programs have run, the food has been served and the extraordinary staff have made sure that the residents have been able to call Cornerstone home.

I offer my sincere gratitude to the Cornerstone Executive Director and her staff. They found the reserves of strength and adaptability to keep the place operating and to keep each other uplifted. I also offer heartfelt thanks to the Board and the many donors and supporters who saw the needs and found good reasons to help Cornerstone.

This year I step down as the Chair after ten years on the Board and four as Chair, although I will stay on as past Chair for a year. For Cornerstone, there will be new growth and new possibilities, all in the service of our residents. I am extremely privileged to have played a small part in such a great organization with such terrific people. I hope our paths will cross again as we all work towards making our community a better place for all to live.



# A MESSAGE FROM DIRECTOR GENERAL OF COMMUNITY MINISTRIES **REVEREND CANON DR PETER JOHN HOBBS**



Each day Cornerstone Housing for Women makes a difference in the lives of women and gender-diverse individuals. Each day women find emergency shelter, away from life on the street. Each day women live in safe, affordable, and supportive housing. Each day this is made possible by incredible staff, tireless volunteers, generous donors, and faithful partners.

Along with Belong Ottawa (Centre 454, The Well, St Luke's Table), the Ottawa Pastoral Counselling Centre, Centre 105, and the Refugee Ministry Office, Cornerstone is a Community Ministry of the Anglican Diocese of Ottawa. Together these ministries seek to make a difference in lives of those most vulnerable on our midst.

Cornerstone makes a huge difference. In the face of adversity Cornerstone continues to recover and rebuild. In the face of challenge, Cornerstone looks to the strength of people, remains focused on housing, and gives hope to us all. For that we can all be thankful.

The Reverend Canon Dr Peter John Hobbs  
Director General of Community Ministries of The Anglican Diocese of Ottawa.

## **LAND ACKNOWLEDGENT**

Cornerstone Housing for Women's programs and services take place on the unceded **Algonquin Anishinaabe territory**. Indigenous Peoples have stewarded and nurtured the land for a millenia and continue to do so.

Cornerstone respects and recognizes the original care takers of Turtle Island and seeks to continue in its journey of reconciliation with Indigenous communities. This land acknowledgement is one step along the path of reconciliation between Indigenous Peoples and settlers. **We stand with you.**

We are committed to take action toward healing and supporting Indigenous communities in our programs, services and housing communities.





# STRATEGIC FRAMEWORK 2022-2025 ACHIEVEMENT UPDATE

1

**Evolve our housing and support options to match unique needs.**

- Shovel in the ground at Eccles creating supportive housing stock
- Moved back to the O'Connor Shelter location after 2 years on the move and working with the city to provide more quality care
- Worked with OICH to develop harm reduction framework/policy and pilot peer worker program and worked with Intersecting to create trans inclusion policy

2

**Enhance connections and support for our current and former Cornerstone Residents within the broader community.**

- Formal partnerships struck with ORCC, Elizabeth Fry Society, Kindspace; expanded partnership with Minwaashin and OICH
- Expanding partnership with CCOC to redefine and expand our outreach housing retention program
- Inclusion of residents on internal committees

3

**Embed a trauma-informed approach across our organization.**

- Redeveloped policies and procedures for Cornerstone
- Organization wide training hosted by Intersecting on anti-oppression; anti-racism; gender inclusivity, and more
- Exploration phase of Cornerstone getting its accreditation

4

**Strengthen our capacity to deliver our mission.**

- Increased fundraising goals and sought additional development staff and grant writing capacity
- Training with intersecting, Ottawa Public Health and Respect RX
- Change in structure of internal working groups and committees to include service-users, volunteers, board members.
- Advocacy at all levels of government



# COMMUNITY STRENGTH AMIDST MULTIPLE CRISES





# A YEAR OF REBUILDING AND RECOVERY

One of our main priorities going into 2022 was to focus on recovering and rebuilding ourselves, our programs, and our community. In the face of adversity and crisis we remained committed to recovery and rebuilding and we couldn't have done that without our Cornerstone Community.

Cornerstone's community came together during a city convoy occupation; a fire at our Booth residence; a hike in food costs; amongst the continued opioid epidemic, staffing shortages, and housing and homelessness crisis. You were by our side.



Food costs skyrocketed, increasing by 18%



Shelter residents and staff survived an almost one month occupation



Staff reversing an overdose every other week



Cornerstone's Booth residents survived a fire



1 in 4 staff positions are being filled across the sector with a staff

**Together**, through it all we've found ways to heal, recover, and rebuild. **YOU** have been the cornerstone of hope for us through every crisis. Thank you for always being by our side and leaving no woman behind.



107,000 meals served



316 unique women served at our shelter



121 unique women in supportive housing



# WOMEN'S HOUSING & HOMELESSNESS CRISIS



CORNERSTONE IS THE ONLY WOMEN AND GENDER-DIVERSE PEOPLE ONLY SHELTER OUTSIDE OF CITY FACILITIES



AVERAGE LENGTH OF STAY IN 2022 WAS 40 DAYS



IN 2022 85 PEOPLE EXPERIENCED HOMELESSNESS FOR MORE THAN 6 MONTHS





# CONVOY ON OUR FRONT STEPS



## Statement: Downtown Protest's Impact on Cornerstone's Emergency Women's Shelter

**February 2, 2022 - Ottawa, ON** - These last six days have been extremely stressful for people experiencing homelessness and frontline staff working to support them in the downtown core.

Cornerstone's emergency shelter just returned to its downtown location a few weeks ago and is still getting situated and now, we're having to manage through this protest that is creating more barriers and retraumatizing women in the city. The residents and staff in Ottawa's women's shelter are exhausted. This protest is having consequences on the rights and wellness of the city's most vulnerable people.

Women and staff are scared to go outside of the shelter, especially women of color, being able to go outside is the only reprieve many women experiencing homelessness have and they cannot even do that. The incessant honking and noise from the trucks have caused significant anxiety and distress for staff and shelter residents. Women have admitted themselves into hospital due to the increased trauma from the noise and fear. All Shelters are having to figure out alternative plans for client transportation to any other program or hospitals in the city.

This past weekend Cornerstones operations moved to a crisis response far beyond the impacts of the Pandemic. Senior Managers working the frontlines to ensure staff and women are safe traveling to and from our shelter and residences. Supporting staff and shelter residents while they shake with fear waiting for a bus that never arrives.

Despite all this, we are living amongst the uncertainty of not knowing when this will end. After the past two years of battling through this unprecedented global pandemic, the toxic opioid epidemic, everyone is completely exhausted and cannot take one more day of this protest's added stresses.

The cost of this protest to our city for 3 days would fund our women's emergency shelter for more than an entire year, and yet this protest has cost us financial hardship. Frontline staff and healthcare workers have come to work every day for nearly two years, managing through this pandemic to provide safe, supportive services and communities to people in Ottawa who have no place to call home, and now they're having heightened fear and anxiety around coming into work over these past few days in the midst of a global pandemic. Our shelter system cannot take one more day of the consistent noise and fear.

Housing and Healthcare support is desperately needed, and this protest is only going to further our housing and homelessness crisis. We must get our city back.



# NOT SEEN, NOT HEARD, NOT VALUED. THE COST OF INACTION



*“Every day my staff and I get phone calls from women asking if we have room for them. **It breaks my heart, but I have to tell them we have no room and try to help them find somewhere to stay.** But this furthers their belief that they are not seen, heard, or valued. We have to do more. **Our shelter is breaking at the seams.** I’ve been in the sector for more than 25 years and I can tell you, more women and gender-diverse people are homeless than ever before. **We have need to take action today.**” Shannon Miller, Associate Director of Shelter Operations*

## ***Continued Homelessness***

Without more supportive housing, women will continue to face dangers that lead to homelessness.

## ***Lack of Access to Essential Services***

Women who are homeless will continue to lack access to essential services that support their physical and mental health

## ***Increase in hospital and jail stays***

It costs \$62 a day to support a woman in our supportive housing residence; it costs \$84 a day to support someone at our shelter a day; it costs \$1000 for someone to stay at a jail; \$1300 for a day at a hospital

## ***Worsening Quality of Life***

We’ll see an increase in people using substances to cope with trauma, a continued decline in people’s mental health and more women staying in violent situations



# TOGETHER, WE CAN END CHRONIC HOMELESSNESS



## Starts With Home

Together, we can prevent, reduce, and end homelessness in Ottawa  
by addressing the housing affordability crisis.

### Our Collective Vision

- Set a bold vision for solving the the housing and homelessness crisis.
- Build widespread support for affordable housing in Ottawa.

### #1 – STOP THE LOSS of affordable housing

#### **Private sector**

Create municipal policies strengthening tenant protections against renovations and demovictions.

#### **Public sector**

Create a non-profit housing acquisition strategy, supported by City purchases of private market residential properties, for the purpose of turning them over to non-profit housing providers.

### #2 – CREATE MORE affordable housing

#### **Private sector**

Develop a strong Inclusionary Zoning policy ensuring new builds have permanent affordable units, based on a household's income.

#### **Public sector**

Increase the municipal budget to house 1,000 households each year, committing 30% as part of a For Indigenous, By Indigenous Housing Strategy.

### #3 – PRESERVE THE QUALITY of existing affordable housing

#### **Private sector**

Require landlords in Ottawa to be licensed for more effective oversight of property maintenance and provide funding, where needed, for small landlords to do maintenance repairs rather than sell their rental units.

#### **Public sector**

Assign an independent Housing Ombudsperson to implement the right to housing in line with the federal commitment to housing as a human right.



## Everyone needs a home.

Pledge support at [StartsWithHome.ca](https://StartsWithHome.ca)

# BOOTH RESIDENCE FIRE

## MESSAGE FROM BOOTH, SENIOR PROGRAM MANAGER, ASHLEY JORDAN

2022 was a challenging year for the resident's living at Booth.

Residents had just spent the past two years isolated, without programs, with limited connection, and with rules that seemed to be changing by the minute.

By June 2022, there was hope that there was a light at the end of the tunnel. Unfortunately, **at the end of June 2022, a fire broke out in an apartment**, that forced all residents to re-locate to a City-owned community centre for several months.

**Initially, residents really struggled with this change. They no longer had their own space to call home.** Instead, they shared one large open space, separated by home-made dividers. What surprised me the most, was that through this experience, it only brought our Booth community closer together. This challenge forced residents to connect more, with each other, with staff, with the volunteers that came to visit. **2022 was not an easy year for Booth Street by any means, but it proved that with hope and connection, we can get through anything.** We are so appreciative of the incredible community response to help our women come home.

**From the bottom of our hearts, thank you to all of those who fundraised, volunteered, or brought us donations to furnish their rooms again.**





# YOU HELPED US REBUILD

A BIG THANK YOU to the community, staff, residents, our neighbours, volunteers, corporations like Rogers, musicians like the Piano Man Dave Kalil, and funders such as Adobe and Ottawa Dragon Boat Festival and so many more who went out of their way to help raise funds to get residents back into their home.



## Take a Break in support of Cornerstone

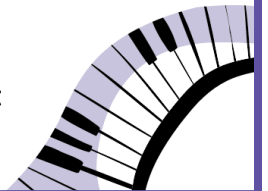
Ottawa's Piano Man, Dave Kalil hosts virtual concert to raise funds for Cornerstone's Booth Residents impacted by fire, mold and water damages.



**WHEN:** Saturday, Oct. 22nd at 7:30pm EST

**WHERE:** Follow Dave on Facebook and tune in live!

Help Cornerstone raise **\$50,000** for residents at Booth Street to get their home back.





# FOOD COSTS UNAFFORDABLE

## A MESSAGE FROM FOOD SERVICES MANAGER, PAUL SKINNER

2022 was another year where Cornerstone faced numerous challenges (lockdowns, Covid, blockades, fire, etc.). Inflation bit into everyone's pocket book, and budgets had to be re-examined. Through all of that, the generosity of this community shone through. Individual and corporate donations continued to arrive.

*We'd like to send a special thank you to Lumentum who has provided weekly meals to Cornerstone for the past three years. This goes a long way to helping our staff and our food costs, plus they're delicious!*

*And, we'd like to thank the many corporate donors, local restaurants, food rescue nonprofits, and local farms for supporting our food efforts year round. We appreciate your generosity and support!*

It is truly overwhelming to witness the generosity of this community. From the bottom of our hearts we say, "Thank You Ottawa".





## GIVING TUESDAY CAMPAIGN TO SUPPORT FOOD SECURITY AT CORNERSTONE

Food costs at Cornerstone skyrocketed this past year by 18%. Meals increased by \$1.50 per day per person. It cost \$8.44 to feed one person for one day at Cornerstone.

We serve more than 100 people daily, which rose this past year support as we nearly doubled the number of women needing food support. We know food insecurity is strongly connected to poverty, Indigeneity, race, gender, age, immigration, mobility, and sexual orientation.

**This past #GivingTuesdayCA YOU made a HUGE impact in the lives of women and gender-diverse people in our shelter and housing residences.**

**D.H. Gordon Foundation generously matched all donations given towards our #GivingTuesdayCA campaign up to \$20,000!** We are so incredibly grateful for their support. Our goal was to raise \$40,000 to cover the increase in food cost and operational support to help with the increase in food insecurity across our residences.

**With D.H. Gordon's matching gift of \$20,000 we were able to bring in just over \$100,000!  
INCREDIBLE!**

So where did these funds go?

They went to the hike of food costs in 2022 - directly creating nutritious meals. The funds went to bringing on another full time Chef for a one-year contract to support the 2100 meals a week we're creating. Plus, the Food Manager was able to create a monthly food market for residents at Princeton to give women them better access to affordable and nutritious meals they otherwise would not be able to afford. The program also provides education to the women on how to create meals that will fill you and be nutritious.

We did all of this because of you! **Thank you for filling our hearts and our plates. Thank you to everyone who made a gift towards our Food program!**

**GIVING  
TUESDAY**

**DOUBLE YOUR  
IMPACT!**

SUPPORTED BY D.H. GORDON FOUNDATION!



**HELP CHEF OMAR SERVE 183 MEALS EVERY DAY!**

**GIVING  
TUESDAY**

**You can give the gift  
of a warm meal!**



**SUPPORTED BY D.H. GORDON FOUNDATION**



# RESIDENT HIGHLIGHT



# SUSON AND SHARON RECONNECTED

**You gave me my mom back.**

**I grew up in Nova Scotia with my mom who had schizophrenia and bipolar disorder, but we didn't know it at the time. When you're young you think your life is normal. I know I did.**

**As normal as I thought our life was, I knew it wasn't right.**

**When I was 8 years old, my mom left our abusive father and took us to live with my grandmother who was very controlling of our mother and an alcoholic. I never had a bedtime routine or set meal times growing up. It was tough. When I was 13 years old I was put into foster care until I turned 18 years old. I always wanted a better relationship with my mom.**



**Cornerstone Housing for Women helped my mom blossom into the beautiful person she has always been, which was masked because of her mental illness.**

**The staff validated her, they didn't make her feel judged. They helped her light to shine brightly. After years of trauma, being in and out of hospitals, or under the control of another person, she finally found her home, she finally found herself again.**

**My mom moved into Cornerstone's Booth Residence in 2010 and she was genuinely happy for the first time – in a long time. She lived here happily until her health declined, she needed more specialized health care and peacefully passed away in 2016.**

**She truly blossomed while living at Booth Street.**

**For my entire life, I always wanted to have a good relationship with my mom, but it was dysfunctional at times.**

**Cornerstone is not just helping that one resident. They're healing relationships. They're helping families, and when you help families you're helping communities.**



# STAFF HIGHLIGHT

You are enough  
You can do this

There are people who care

To You  
From another  
quiet  
warrior

You are  
so  
appreciated.

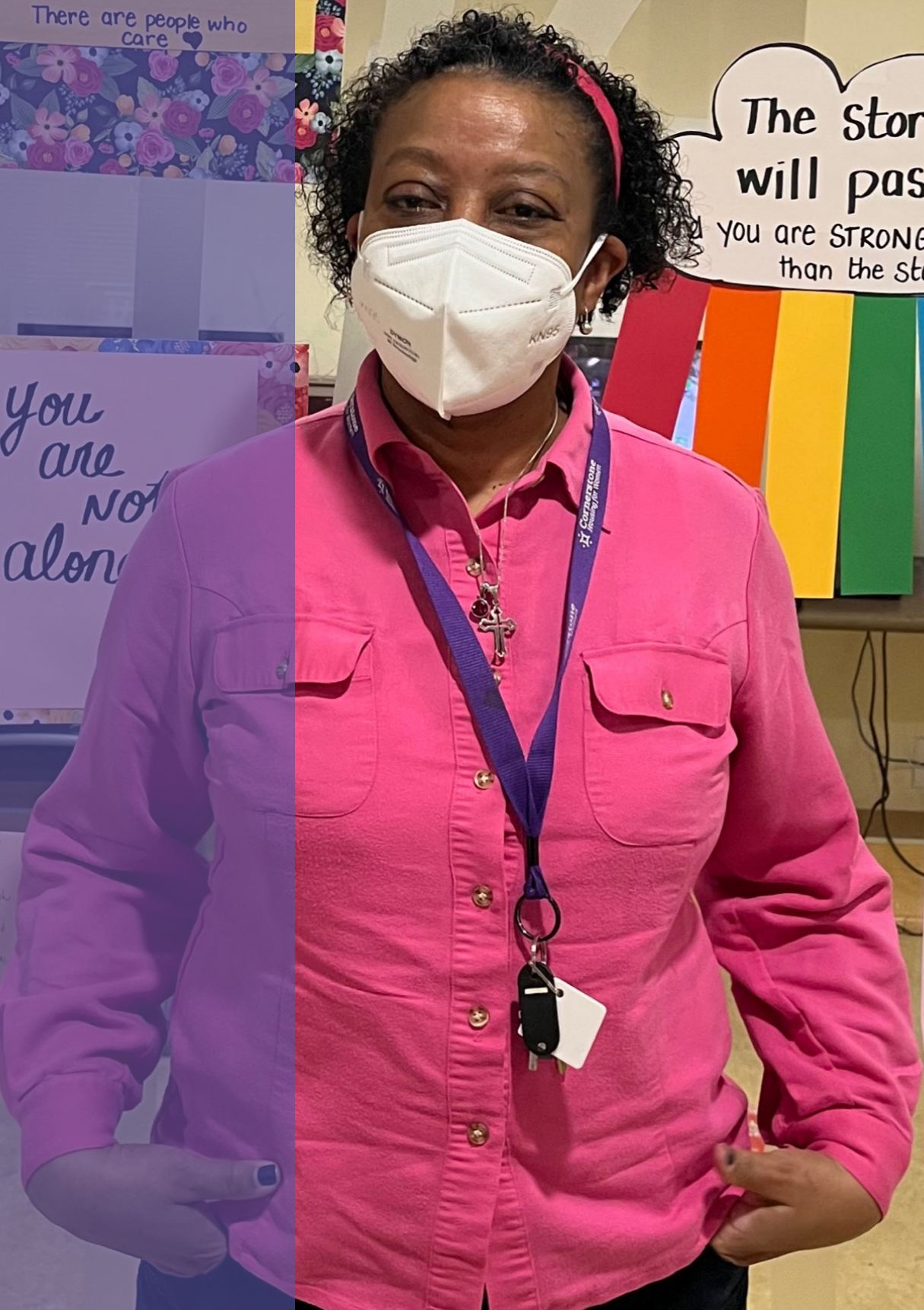


The storm  
will pass.

and you are STRONGER  
than the storm.

You  
are  
NOT  
alone

Love  
YOU





# NO SHORTAGE OF RESILIENCE A MESSAGE FROM HUMAN RESOURCES



**There was no shortage of strength, adaptability, and compassion this past year.** Our staff continued to work tirelessly on the front lines ensuring people in crisis got the appropriate care needed.

Last year, our organization once again had to navigate the pandemic protocols, policies, and resident care. Being on the frontlines has been difficult for all, but especially those on the front lines. There is a huge staffing shortage across our sector. There is approximately 1 in 4 staff available to work in our sector, this makes providing anything more than essential care difficult. The Human Resources team continued to work hard on increasing staffing levels, welcoming nine new relief staff since the fall of last year.

**Our staff continued to find innovative solutions to recover and rebuild the programming and services across our organization.**

People that work in the service sector are incredible at finding the calm in the storm. **Our staff showed up to every crisis with innovative solutions, and compassion.** We moved residents from our shelter operations at the Heron Physical Distancing Centre back to our home on O'Connor after two years of being in different locations. This was no small task. They also got residents through a city wide occupation, providing support to residents and each other. Our entire community also came together to support residents after a fire that occurred at our Booth Street Residence. **We are continually grateful for our staff.**

We also successfully entered collective bargaining with our union partner, CUPE this past fall. Bargaining was productive and constructive with no labour disruptions. It led to a historic moment, where a new collective agreement was reached and both of our unions molded to form one. This has allowed for increased flexibility and support for staff across the organization.

In the fall we also conducted a visioning workshop at our first staff day away in over two years. More than 95% of staff came to the visioning day. **It was so nice to reconnect and focus on how we rebuild and recover from years of isolation.**



**MESSAGE FROM DIRECTOR OF DEVELOPMENT, AMBER BRAMER**

**We could not have gone through 2022 without you!**

Our donors, our neighbours, our community are the cornerstone to helping women and gender-diverse people find hope, healing, and housing.

**We had so many incredible donors this past year we could not name just one.**

Here are a few community events and fundraisers from this past year that helped us to fulfill our mission and have fun while doing so! There's tons of ways to get involved.

They say it takes a village, to achieve a goal, and we certainly saw our community come together in ways like never before.

From virtual benefit concerts, to charity fairs in a park, to local business fundraisers and donation collection boxes, to donated food and urgently needed items, to sponsorships, social media campaigns, school drives, and many more. **We thank you!**

We'd also like to sincerely thank our funders from this past year including, we are also very grateful for our generous anonymous donors, our monthly donors, and our new donors. Your continued compassion gives Cornerstone the stability to plan and support women year-round.

**We are incredibly grateful for all of your dedication to provide affordable, supportive, and dignified housing to women in our city.**







We'd like to send a **BIG THANKS** to Westboro Village BIA for choosing to support Cornerstone for their Light Up the Village.

We received hundreds of holiday gift bags for women across our four housing residences, emergency shelter, and outreach program.

A **BIG** thank you to Barristers for a Better Bytown for their generous support to help provide new mattresses for residents at our Princeton and MacLaren housing residences.

A comfortable bed is so important to one's overall wellness.



We are so grateful to Anna, Kathryn, and Andrea for hosting the Boutique Cornerstone PopUp Fundraiser in-person!

A big thank you to Encore Fasions, and Thyme and Again as well as the shoppers as they raised \$10,000 for our shelter.



In August, Helping Hands Driven by Youth put together the first Mega Charity Fair in support of Cornerstone at Walter Baker Park.

They raised an incredible \$10,000 for our emergency shelter. We are so grateful for their compassion!





## A MESSAGE FROM DIRECTOR OF PROGRAMS AND SERVICES, MARTINE DORE

Cornerstone Housing for Women has to raise \$1 million every year just to operate our emergency shelter. Plus we have four supportive housing residences that give a permanent, affordable and safe home to 110 women and gender diverse people.

### **Our programs would not be possible without you!**

With every home or building we know there are items that need to be replaced or updated. We also know that every year the needs of our residents change, last year we saw a huge increase in needing a Peer Worker for our emergency shelter, we also needed to keep our Indigenous and Cultural Services Program up and running, especially at our Princeton residence whose house includes 40% Indigenous People.

**We would like to send our sincerest gratitude to our funders and granters that got us through 2022. THANK YOU!**

An additional thank you to United Way Eastern Ontario, The City of Ottawa, C.B. Powel Foundation for playing a vital role in supporting women experiencing the crisis of homelessness find hope through housing and healing supports.

### **KNIGHTS OF COLUMBUS COUNCIL 485**


To the Knights of Columbus council 485 who provided us additional funding to purchase new mattresses for our MacLaren House residents! The new mattresses provided a safe and comforting environment for the women to enjoy a good night rest. It helped provide the comfort and dignity they deserve as they manage through multiple crises. A good nights rest is key to ones overall wellness. Thank you!





## OTTAWA COMMUNITY FOUNDATION

Cornerstone was able to work in partnership with Ottawa Inner City Health (OICH) to hire a Peer Support Worker in the fall of 2022. This multi-year funding has allowed us to learn from OICH's expertise in harm reduction and peer work and to create our very own harm reduction framework and policy. Over the pandemic and into 2022 Cornerstone saw a rise in substance use at our emergency shelter and knew we had to move to a harm reduction based service model. This peer worker has led the shelter staff and residents in naloxone training; helped to create our new policy and supported resident initiatives and meetings.

HARM REDUCTION SERVICES LIST				
<b>SOMERSET WEST COMMUNITY HEALTH CENTRE</b> 55 ECCLES STREET 613 238-8210 HOURS: MONDAY - FRIDAY 9 - 4 CLEAN GEAR SAFE CONSUMPTION SAFE SUPPLY* HIV TESTING COUNSELLING	<b>CENTRETOWN COMMUNITY HEALTH CENTRE</b> 420 COOPER STREET 613 233-4443 HOURS: MONDAY - WEDNESDAY 9 - 8 THURSDAY 1 - 5 CLEAN GEAR HEALTHCARE HIV TESTING HEP C TREATMENT COUNSELLING	<b>SANDY HILL COMMUNITY HEALTH CENTRE</b> 55 NELSON STREET 613 789-1500 HOURS: MONDAY - FRIDAY 8-5 WEDNESDAY 8 - 4 CLEAN GEAR SAFE CONSUMPTION HEALTHCARE OASIS CLINIC SAFE SUPPLY* HIV TESTING HEP C TREATMENT COUNSELLING	<b>THE TRAILER - SHEPHERDS OF GOOD HOPE</b> 230 MURRAY STREET HOURS: 24/7 CLEAN GEAR SAFE CONSUMPTION SAFE SUPPLY* HEALTHCARE	<b>SEXUAL HEALTH CLINIC CLARENCE STREET</b> 179 CLARENCE STREET 613 234-4641 HOURS: MONDAY - THURSDAY 9-4 FRIDAY 9-1 CLEAN GEAR STI TESTING EMERGENCY CONTRACEPTIVE CONTRACEPTIVES HEALTHCARE HIV TESTING HIV POST EXPOSURE THERAPY VACCINATIONS
<b>RESPECT RX - PHARMACY - MONDAY - FRIDAY 7 - 5 SATURDAY 9 - 2</b> Locations: 306 Rideau Street 45 Montreal Road 1800 Bank Street 2006 Robertson Road RESPECT RX IS THE MAIN SUPPLIER OF SAFE SUPPLY IN OTTAWA. TO LEARN MORE ABOUT SAFE SUPPLY AND RECOVERY CARE, PLEASE TALK TO A STAFF MEMBER.			<b>NORS NATIONAL OVERDOSE RESPONSE SERVICE</b> 1-888-688-6677 The National Overdose Response Service (NORS) is a convenient and confidential 24/7 virtual safe consumption hotline available anywhere in Canada. <b>MOBILE SITE VAN - 7 DAYS A WEEK - 5 - 11:30PM</b> 613 232-3232 The Mobile Site Van delivers clean gear and naloxone across the city. Simply call the number above if you need supplies and the van will meet you.	



## ALL MY RELATIONS

This is our third year of receiving funding from the Anglican Diocese of Ottawa's All My Relations committee. This grant allowed Cornerstone to continue its longstanding partnership with Minwaashin Lodge who leads our Indigenous and Cultural Services program support. The grant enables the ongoing, intrinsic collaboration with Minwaashin Lodge through which we benefit not only from an Indigenous Elder but a fulsome compliment complement of supports and services including: Traditional Support Worker; Addiction Workers; Housing First Workers; Doula; Legal support.





# VOLUNTEER HIGHLIGHT

A MESSAGE FROM OUR VOLUNTEER COORDINATOR

As we reflect on the year that was 2022, it sure was a mixed bag of tricks for the Volunteer Program at Cornerstone! We came into 2022 still under significant COVID-19 restrictions and a very limited number of volunteers returning to their assignments. Of course, our amazing Board of Directors continued to guide the organization through our strategic framework from behind the scenes, as did our incredible Young Professionals Advisory Board (YPAB).

We also were so lucky to have the support of members of our corporate community who stood up without hesitation to help when needed! Many thanks to our friends at Turner & Townsend for their support after our fire at Booth Street and to Petro Canada for helping us beautify our Princeton location. Special shout out to friend Gavin Lumsden and his group of folks who never forget the women of Cornerstone with generous donations of food and treats.

As the fall and winter of 2022 approached and COVID restrictions were beginning to ease we were able to welcome back some of program volunteers. The residents were thrilled to have things like Bingo, Arts & Crafts, hair cutting and friendly visits just to name a few come back in person. The sun was beginning to shine again at Cornerstone with the return of volunteers. We have lots of hope that 2023 will bring stabilization and growth back to our volunteer program!

For the year 2022 we were still able to record over 3000 hours of volunteer service. We truly have an amazing, dedicated community of support in our volunteers. **THANK YOU!**

Throughout 2022 we supported the academic placements of 12 students. Five of those were short term placements with the University of Ottawa, School of Nursing, five from Algonquin College, one from Laurentian University and one from Willis College. All placements were successful and we're pleased that we were able to hire four of the five Algonquin students who are now part of the Cornerstone staff family.



# SPIRITUAL CARE TEAM



The Spiritual Care program supports residents in a variety of ways from weekly small group activities, volunteer friendly phone visits and individual counselling chaplain visits, other Spiritual Care special events and it produces a monthly inspiration (HOPE) publication in French and English.

The chaplain meets residents where ever they are at the shelter, in the supportive houses and goes to visit them in when they are in hospital. The Spiritual Care program is for people of any faith or no faith. All are welcome! Please email our volunteer coordinator if you would like to help our programming.

Reverend Canon, Clinical Chaplain, Hilary Murray, MSW

## CORNERSTONE'S **YOUNG PROFESSIONAL** ADVISORY BOARD (YPAB)

### **A Message from Cornerstone YPAB Chair (2022-2023), Yasser Ghazi**

This year, the Young Professional Advisory Board for Cornerstone Housing for Women was ambitious in their fund raising/support efforts. With two completed fund-raising events so far, the YPAB was able to raise \$3,880 through the Flower to Empower event and Summer Mixer, while our CNOY team raised \$1,205 making it a grand total of \$5,085.00! We also participated in various community markets and some members volunteered in resident programming. In 2023 the YPAB is going to be introducing our first annual networking Golf Tournament where young professionals will be able to learn about how they can support the YPAB and Cornerstone in the next year. Meridian Credit Union has signed on as our main sponsor for the event with a \$4,500 sponsorship. The sponsorship ensures that all funds raised from registration will be directly supporting Cornerstone. The YPAB continues to serve as a stepping stone for young and active community professionals looking to support Cornerstone Housing for Women while gaining valuable board experience.

We are looking forward to all the new activities the YPAB is expanding into, and excited to have so many supportive community partners.





# CNOY 2022

This was our third time doing the WALK and we could not have raised over **\$100,000 without YOU**. Thank you to our captains, walkers, donors and sponsors!

**SAVE THE DATE: FEBRUARY 24, 2024**



# PURPLETIE GALA

**SOLD OUT** for the fourth year in a row and back in person at the Ottawa Art Gallery. **YOU helped us raise over \$143,000!** A special thank you to our sponsors!

**SAVE THE DATE: OCTOBER 14, 2023**



HOMELESSNESS IS  
AN EXPERIENCE  
NOT AN IDENTITY

YOU ARE THE  
CORNERSTONE OF  
HOPE FOR MANY.



# SOCIAL JUSTICE





# IN MEMORY

## Maya Angelou entitled **Touched by an Angel**

We, unaccustomed to courage  
exiles from delight  
live coiled in shells of loneliness  
until love leaves its high holy temple  
and comes into our sight  
to liberate us into life.

Love arrives  
and in its train come ecstasies  
old memories of pleasure  
ancient histories of pain.  
Yet if we are bold,  
love strikes away the chains of fear  
from our souls.

We are weaned from our timidity  
In the flush of love's light  
we dare be brave  
And suddenly we see  
that love costs all we are  
and will ever be.  
Yet it is only love  
which sets us free.

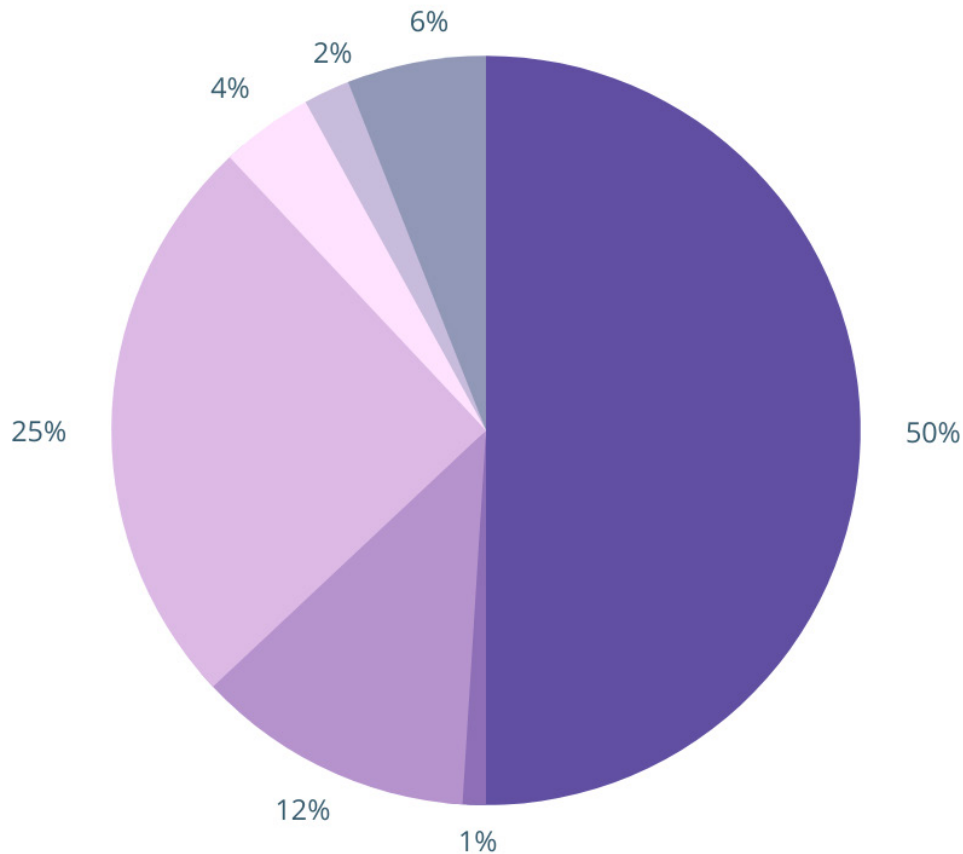
This past year was a difficult time for many as we lost many residents throughout our housing communities. Many women and gender-diverse people who come through our shelter or housing doors become a part of the Cornerstone community.

We'd like to take a moment to remember all of the lives we lost this past year. We remember the contributions they made to our community, how much they were loved and how much they will be missed. **We firmly believe that no one experiencing homelessness should be forgotten.** We remember them.



# FINANCIAL

## REVENUE

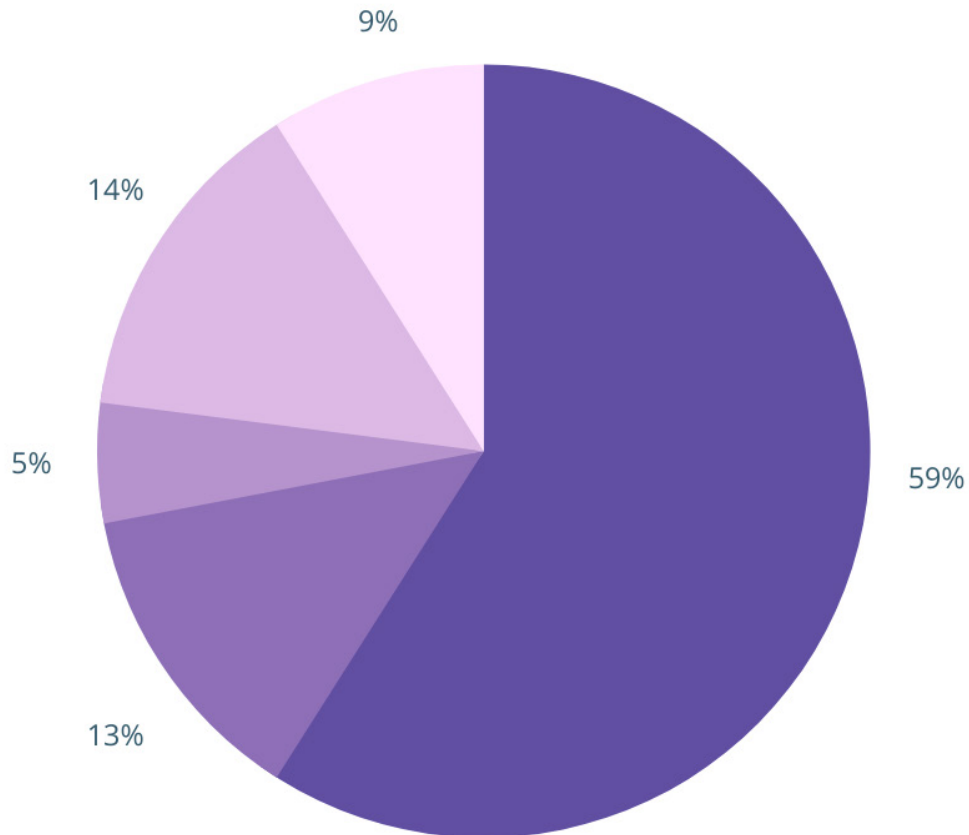


■ Government Grants	<b>\$3,508,739</b>
■ Contribution from the Synod	<b>\$61,176</b>
■ Rent	<b>\$873,410</b>
■ Fundraising/Donations	<b>\$1,758,464</b>
■ Other Revenues	<b>\$258,151</b>
■ Investment Income	<b>\$129,683</b>
■ Amortization of Deferred Contribution for Capital Assets	<b>\$434,923</b>

**Total: \$7,024,546**

# REPORT 2022

## EXPENSES



■ Programs and Services	<b>\$4,216,080</b>
■ Facilities	<b>\$892,167</b>
■ Fundraising	<b>\$356,772</b>
■ Administration	<b>\$1,005,220</b>
■ Invest: Unrealized Loss	<b>\$624,132</b>

**Total: \$7,094,371**



# **CORNERSTONE**

## **BOARD OF DIRECTORS**

**Patricia Hassard - Chair of the Board**

**Mark Holzman - Vice Chair of Board**

**Peter Martin - Secretary of Board**

**Sanjay Grover - Treasurer of Board**

**Kara Eusebio - Board Member**

**Margaret PACHANOS Lemaire - Board Member**

**Katie Black- Board Member**

**Deirdre Bain - Board Member**

**Ann Chaplin - Board Member**

**Jenna Roberston - Board Member**

**Kristalyn Laryea - Board Member**

**Angela Harvey - Board Member**

**CHOOSING HOPE.**  
**CHANGING LIVES.**

**WITHOUT YOU,**  
NONE OF THIS IS  
POSSIBLE.

THANK YOU FOR  
**YOUR SUPPORT.**



# THANK YOU!

## **FAITH COMMUNITIES**

Woodroffe United Church  
Ottawa Chinese Alliance Church  
Fourth Avenue Baptist Church  
Parkdale United Church  
St. Basil's Church  
Ottawa Mennonite Church  
Holy Redeemer Catholic Women's League  
Grey Sisters of the Immaculate Conception  
Rothwell United Church  
Connections  
Chin Baptist Church  
Knox Presbyterian Church  
Chinese Christian Church of Ottawa  
St. Mary the Virgin Anglican Church Women  
Saint Patrick's Basilica  
Dominion Chalmers United Church Women

## **ANGLICAN PARISH**

Christ Church Ashton  
All Saints Anglican Church Westboro  
St. Thomas Anglican Church  
St. Matthew's Anglican Church  
Christ Church Bells Corners  
St. John's Anglican Church, Parish of March  
St. Thomas the Apostle Anglican Church  
Anglican Parish of Bearbrook, Navan, and Blackburn  
The Church of St Mary the Virgin  
St. George's Anglican Church, Clayton  
Church of the Good Shepherd  
Church of St. James the Apostle

## **CORPORATE/BUSINESS**

Sheridan-Woods Medicine Professional Corporation  
John Kim and Sunita Lal Medicine PC  
Moz Holdings Canada Inc.  
Barry J Hobin & Associates  
Ciena Canada, Inc.  
Ring Electric Inc.  
Debbie Chang Real Estate  
PRD Capital Inc.  
Kelly Funeral Home - Carling Chapel  
Quality of Life Canada Inc.  
Bluestone Overwatch Inc.  
Apple Canada Inc.

Warner Brothers Discovery - Ottawa  
Tanner Insurance  
Respect Rx Pharmacy Group  
Vermeulens GP  
Synopsis  
Aitken Klee LLP  
EKM Law Professional Corporation  
CSG Security Consulting Inc.  
JBPA Developments Inc.  
Temple Scott Associates Inc.  
The Delphi Group  
Astron Engineering and Construction Ltd.  
Lara McKendrick Architecture Inc.  
Fidus Systems Inc.  
Harmony Concerts  
Ottawa Home Economics Association  
Brian Hemingway Architect  
Rogers Communications Inc.  
Ken Gordon Holdings Inc.  
GEM Health Care Services Inc.  
Ratione Ligno  
Adobe Systems Canada Inc.  
CDK Global  
Visa Canada Corporation  
Meridian Credit Union Limited  
CrossPoint Financial - iA Private Wealth Inc.  
Preston Hardware  
Turtle Creek Asset Management Inc.  
Ottawa Region Masonry Contractors Association  
Wicked Windows Ottawa  
City of Ottawa  
McDonald Brothers Construction Inc.  
David Burns & Associates  
Lupiano Executive Search  
Sun Life Duffey Financial Solutions Inc.  
25:8 Architecture Urban Design  
Manoir Chamberland  
Broccoli  
Harbourfront Medical  
Broadhead Brewery  
Maker House Co.  
The Black Walnut Bakery Inc  
bitHeads Inc.  
Carlyle Design Associates Limited

Westboro Village Business Improvement Area  
Do It For The Grain  
Make Ottawa Boring Again  
Mahatma Gandhi Peace Council of Ottawa  
Barristers for a Better Bytown Environment and Climate Change Canada  
TD Canada Trust  
Roderick Lahey Architect Inc.  
Luigi Aiello  
Brachic  
Simply Nailogical Inc.  
Phat Moose Cycles  
Royal Canadian Mounted Police  
Court Coach LLP  
The Village Quire  
GridSmartCity  
Yogatown  
The Rig Boxing  
Olive + Elliot  
Emerald Links Golf & Country Club  
Sicotte Guilbault Legal Services  
TD Canada Trust Ottawa Districts  
These Days Zine  
Creative Heart Space  
Medron Medical Systems Inc.  
SAP Canada Inc.  
Google Canada  
Bell Canada  
TC Energy  
Brass Law Office  
Black Bird Bakery  
CENGN  
Moving Mountains  
Tradex Management Inc  
Mann Lawyers LLP  
Howard Fine Jewellers  
True Bijoux  
Square Lemon Artistic Association  
BMO Alliance for Women  
Moo Shu Ice Cream  
The Merry Dairy  
Armoured Suits: Criminal Defence Lawyers  
Hobin Architecture Incorporated  
Dragonfly Ventures  
S.i. Systems Ltd.

# CORNERSTONE COMMUNITY SUPPORTERS

Intact Insurance  
Dr. Luke Zheng Medicine Professional Corporation  
Telus  
MediaStyle  
Chmiel Architects Inc.  
Farm Boy  
Imco Tool & Die Ltd. Pierino Sarfo Salon  
Urbandale Corporation  
Livingston MacDonald Wealth Management  
Westeinde Properties Ltd.  
Morley Hoppner Group  
TD Bank - Minto Place  
CSV Architects  
Pazara Immigration  
Voyago  
Mucho Burrito - Barrhaven  
Christine Crossman Consulting and Hightide Coaching  
Fratelli Westboro

## FOUNDATIONS

C. B. Powell Foundation  
R. A. Beamish Foundation  
Charities Aid Foundation of Canada  
Gift Funds Canada  
Chimp: Charitable Impact Foundation (Canada)  
United Way  
GiftPact Foundation Inc.  
Life Foundation  
The Great Commission Foundation  
Raymond James Canada Foundation  
Blue Sea Philanthropy  
Ferguson Family Foundation  
Canadian National Christian Foundation  
Conam Charitable Foundation  
Canada Foundation for Innovation  
Wealth Creation Preservation & Donation Inc.  
Benefaction Foundation  
Raymond James  
The Sahara Foundation  
Calgary Foundation

## GOVERNMENT

IPAC Toronto Region  
Navigate Canada Legal Services

## GRANTS

Columbus Club-Council 485 Charitable Foundation  
Ottawa Community Foundation  
Adobe Foundation Inc.  
Royal LePage Shelter Foundation  
RBC Foundation  
The D. H. Gordon Foundation  
Canada Gives  
Makeway Foundation

## COMMUNITY GROUPS

Ottawa Lifelong Learning for Older Adults  
Do It For The Grain  
The Ottawa Masonic Corp  
Jewish Education Through Torah  
Ottawa Newcomers' Alumnae Club  
Alpha Pi Phi Sorority  
Nu Sigma Pi Sorority  
Greek Ladies Philoptochos Society  
Make Ottawa Boring Again  
Boutique Cornerstone POP UP  
Navan Lions Club  
Centretown Churches Social Action Committee  
Ottawa Commandery, Order of Saint Lazarus  
Westboro Village Business Improvement Area  
Gujrati Culture Association  
Mahatma Gandhi Peace Council of Ottawa  
Barristers for a Better Bytown  
Rotary Club of West Ottawa  
Good Shepherd Parish Catholic Women's League  
Park Place Senior's Community Group  
Rideau Park United Church Women  
Optimist Club of Nepean Inc.  
Adanac Circle  
Gamma Phi Beta - Ottawa/Gatineau Alumnae Chapter  
Canadian Federation of University Women - Nepean

## SPORTSTEAM

City View Curling Club  
Run Ottawa

## NON-PROFIT ORGANIZATIONS

Canada Helps  
Ten Oaks Project  
YPI Canada  
The Missing Link Project  
Encore Fashions  
Helping Hands - Driven by Youth  
Kanata Legion Branch 638  
Sackcloth and Ashes Ministry Inc.

## UNION

Ontario Public Service Employees Union Local 464  
Ontario Sheet Metal Workers' & Roofers' Conference  
The Civic Institute of Professional Personnel (CIPP)

## EDUCATIONAL INSTITUTION

Lisgar Collegiate Institute  
St. Francis Xavier High School  
McMaster University - Art of Change

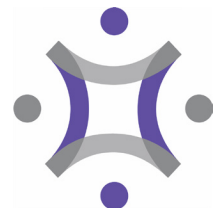
## PROFESSIONAL ASSOCIATION

The Federation of Medical Women of Canada - Ottawa Branch  
Financial Executives International - Ottawa Chapter

*We would like to thank all of our organizations who continue to support the mission of Cornerstone.*

*We also greatly appreciate all of our new donors, monthly donors, anonymous donors and all donors who send in a gift to give a woman hope, healing, and housing.*

*We appreciate all of your commitment and compassion!*





**OUR STRENGTH IS PEOPLE.  
OUR PURPOSE IS HOUSING.**



**OUR HOPE IS YOU!**